Long flight time and pressure change caused by changing flight altitude, may sometimes adversely affect passenger's medical condition. For these reason, air travel may not be suitable for all passengers.

Handling of Personal Information

Upon receipt of the MEDIF, ANA may contact customers if necessary. Personal information is handled in accordance with the ANA Privacy Policy.

Cases when Medical Information Form (MEDIF) is requested

Person traveling with any of the following conditions are requested to notify our reservation staff and will be asked to prepare MEDIF when making a flight reservation.

- ① Person requiring medical oxygen or medical equipment or medical treatments on board.
- ② Person requiring a stretcher service or an incubator on board.
- ③ Person with serious diseases or injuries
- Person who correspond to any of the categories listed on the next page.(GUIDANCE FOR THE PHYSICIAN)
- ⑤ Other than above. Person traveling by air may have adverse affects to one's medical conditions due to recent treatment or surgery.

Submitting MEDIF

For doctors and passengers

MEDIF must be prepared and issued within 14 days, including the day of departure. (Example: If the departure date is December 15, the MEDIF must be issued no earlier than December 2.) For round-trip flight, the date of return flight may exceed 14 days if it states "Fit to travel" in the appropriate box of MEDIF. However, if adverse change of the passenger's medical condition is observed our staff may ask to submit a new MEDIF to reconfirm the fitness for air travel

Filling out MEDIF For doctors

Please consider the travel and itinerary and their potential effects on the patient's state of health when writing the prognosis for whether the passenger is fit to fly. Please add any other matters of note should be considered in the 'Specify more details, if necessary' field of the MEDIF.

For passengers whose condition or symptoms are stable, a period of validity can be included in their MEDIF. We ask doctors to fill out the period of validity field in the MEDIF issued once a diagnosis has been made, following consultation with the passenger (patient). The valid MEDIF must be carried on the passenger's person.

Fee or surcharge

For doctors and passengers

Fee if any, relevant to the provision of "Special Assistance Request" or MEDIF and for carrier-provided special equipment are to be paid by the passenger concerned.

For following cases, the passenger must purchase extra seats.

*a stretcher service

*extra seats for an incubator

*an oversized medical equipment that cannot be stored under the seat in front

For flight safety reasons, some medical equipment may not be allowed in cabin or as checked baggage. Please contact ANA Disability Desk (ADD) for specific regulation.

The cabin environment and effect on one's body

For doctors and passengers

Aircraft cabin pressure is regulated by pressurization device at between 0.7-0.8 bars (10.2psia to 12psia), which equals to that at an altitude of 2000-2500 meters However, significant changes in cabin pressure can occur 15-30 minutes after takeoff and before landing.

As air pressure becomes lower in the cabin, normal internal gases present in the human body expand. These expanded gases not discharged from the body may put pressure on wounds or internal organs possibly cause pain or breathing difficulties.

The cabin pressure drops oxygen density to 70-80% of that at sea level.

Respiratory organs, the heart, blood vessels in the brain and serious anemia can all be adversely affected by low oxygen concentrations. Moreover, this may also affect women in late stages of pregnancy and newborn babies.



Passengers with Class 1, 2 or 3 infectious diseases, new types of influenza and other infectious diseases, or new infectious diseases, Other serious acute infectious diseases that could be transmitted to other passengers by boarding the aircraftIn principle, passengers with serious acute infectious diseases that could be transmitted to other passengers by boarding the aircraft are not allowed to board.

Person's condition which is not fit to travel

■ A person who is prohibited from attending school by Japanese I aw("Act on School Health and Safety")

A person who is prohibited from attending school by Japanese law(*1) shall not be allowed to travel by air unless a physician confirms that there is no risk of the disease to be transmit from person to person.

The name of a disease	Period during which Attendance is Prohibited					
COVID-19	Until 5 days have passed after onset, and 1 day have passed after become less severe.					
Influenza	Until 5 days have passed after onset, and 2 days have passed after the temperature has dropped					
Whooping cough	Until the characteristic cough has suppressed, or until 5days treatment with antibiotics has ended.					
Measles	3 days after his/her temperature has dropped					
Mumps	After 5days of onset of the swelling on submandibular, sublingual and parotid gland, and major symptoms general condition recovered					
Rubella	Until eruption disappears					
Chickenpox	Until the eruption changes to scab					
Pharyngoconjunctival	2 days after the main symptom disappears					
Tuberculosis, Epidemic keratoconjunctivitis, Acute hemorrhagic conjunctivitis	Until a physician evaluates that the disease becomes non-contageous.					

■ Person with other symptoms or conditions

Persons with the following conditions are generally considered unfit for air travel. However, if a physician certifies that the patient is stable, and that physician will be accompanying him/her on the entire journey, the airline may accept that individual for travel. Please contact ANA for further information.

- 1. Those who have critical cardiac disease, severe heart diseases such a cardiac failure, cyanotic heart disease conditions, who have had an episode within the past 6 weeks are not acceptable for travel.
- 2. Those who have unstable angina pectoris, acute myocardial infarction, who have had an episode within the past 2 weeks are not acceptable for travel.
- 3. Those who have severe respiratory illness, server respiratory failure, severe chronic obstructive pulmonary disease, or pneumothorax whose lungs are not fully inflated.
- 4. Those who have repeated hemoptysis
- 5. Those with apoplexy who have had an episode within the past 4 weeks are not acceptable for travel.
- 6. Those lesions resulted in increased intracranial pressure, fracture of the skull, or those who underwent permanent wiring in the jaws for mandibular fracture
- 7. Those who have severe anemia
- 8. Those with lesions which may cause hematemesis, or melena, intestinal obstruction patients
- 9. Those who have severe otitis media
- 10. Those who have not completely recovered from surgery of head, chest or abdomen or women immediately after childbirth
- 11. Alcoholism or drug addiction
- 12. Those who have residual air or other gas in his/her body after operation. (for example eye operation)
- 13. Pregnant woman whose confinement may be expected in less than 28 days. However an escort by a physician will be required if traveling by aircraft within 14 days of the expected confinement for international flights and 7 days for domestic flights.
- 14. Newborn baby within the first 7 days of birth.





SPECIAL ASSISTANCE REQUEST

To be completed by the passenger or travel agent

Please answer ALL questions. Enter a cross (X) in the appropriate "yes" or "no" boxes. Use BLOCK LETTERS when completing this form.

PA	TIENTS									
	Nama				Age					
	Name									
С	Contact Info	TEL:		TEL:						
	Itinerary /	Date:	Flight No.:	Travel Segment (DEP-ARR):(_)					
Flight Info		Date:	Flight No.:	Travel Segment (DEP-ARR):(-)					
E	scort name			☐ Physician ☐ Nurse ☐ Others ()					
Escort name				☐ Physician ☐ Nurse ☐ Others ()					
* Our cabin crew members can assist you in using the onboard wheelchair and stowing or retrieving carry-on items, identifying in-flight meal items, and opening packages. However, our cabin crew members are not permitted to provide medical services, assist with feeding or personal hygiene and lavatory functions. For those customers requiring such assistance, it is recommended to travel with an escort.										
1	Wheelchair r	needed?	☐ No							
			Yes→	Can not walk by myself						
				Can walk alone but can not ascend or c	escend stairs by myself					
				Can ascend or descend stairs by myself be	ut can not walk long distance					
2	Wheelchair ne	eeded in cabin?	☐ No	Yes						
3	Please tell us about your personal wheelchair. From Aug 10, 2012, passengers will be allowed to transport spare Li-ion/Lithium-ion batteries that power the mobility device. If the battery is not fully encased and protected to prevent short circuit, the battery must be		☐ No wheelchair * You can check your wheelchair at the counter. We will take you							
			Personal wheelchair to the plane in our wheelchair.							
			☐ Manual ☐ Electric/Battery-po	owered → ☐ Spillable Battery (Wet-cell "n☐ Non-Spillable Battery (Wet-cell "n☐ Dry Battery * (☐Li-ion/Lithiu * Please specify	ell "sealed")					
		ransported in the craft. Please inform for limitation may	☐ Foldable☐ Non-foldable →	powered, please tell us the						
	-44-7			size and weight. Depth cm Widt	h cm					
					ntkg					
4	1. 0 0	Parlamental		the cargo door and space.						
4	Is Oxygen Cylinder needed in flght?		∐ No	Dereand medical extraor actinders						
	9		∐ Yes →	Personal medical oxygen cylinders Oxygen Cylinder Rentals (Pay)						
				* The passenger or escort should have knowledge in the Must be requested by reservation in advance.	ie use of oxygen cylinders.					
5	Stretcher nee	eded on board?	☐ No	Yes						
6	Ambulance a	arranged? (Ambul	lance must be arranged b	y the passenger)						
	►Depart	ure point	Company name	Contact Info						
	►Arrival	point	Company name	Contact Info						
		Destination (Hospital Name)								
7	Special instru	uctions / Precauti	ons							

MEDICAL INFORMATION FORM To be completed by ATTENDING PHYSICIAN

Please fill out all of the 1–9 checkboxes/fields below. Please provide full details of any symptoms, etc., prior to boarding the aircraft. ANA may contact the customer for clarification if necessary.

Please inform us via email or FAX (Japan). If sent by FAX, we will phone you to confirm.

FAX No. 0120-029-366 (toll-free) 03-6741-8710 (Tokyo)

PA	TIENTS								,			
	NAME,INITIAL(S)									AC	E	
'	VAIVIE, IIVITIAL(3)											
	MEDICAL DATA											
D	IAGNOSIS in details	non medical personnel are able understand.										
	(including vital signs)											
Da	ate of first symptoms/					F	or expecting mother	Date:			_	
Diagnosis Date: / (Date of Operation)			/				stimated delivery date)	1				
Di	agnostic content											
1	PROGNOSIS for the	flight(s)	П	Fit to Tr	avel		☐ Start of itinerar	v:	1	1		
	* Please consider the itinerary and its potential effect on the patient's state of health						l		,	,		
			∐ NOT I		Fit to Travel			d of itinerary: / /				
2				Yes	/oo #		may the disease be inf		e departure date of the last flight in your itinera			
_	Disease ?	municable		No	→II	165,	may the disease be in	ections to othe	ei peison	15 !		Yes No
3	Can sit upright with s	eat helt	H	Yes							Ш'	
3	fastened?	carbon		No	, If	not i	s Stretcher needed on	hoard?			\Box	Yes
	(during take-off and la	anding)		140			a stretcher fee is requested		olicable fare	e for	=	No
				both the passenger and escort.							ш.	110
					Ne	ecess	ary arrangement must be r	made with the air	tine.			
4 Is the patient fit to travel unaccompanied?				Yes								
				No, Must be accompanied by Physician or Nurse								
			No, Must be accompanied by a person who Escort name(Chaperons must sit in the adjacent seat)									
5	Oxygen needed in fli	is approved by Physician [] Yes If yes, please enter the amount of oxygen.										
J												
				☐ No Liters per minute						te		
6 Do you need oxygen continuously?				Yes								
	Doos nationt nood or	av madiaal		No								
7	7 Does patient need any medical equipment in flight?			Yes →If yes, specify								
	(e.g., ventilator, oxyg	jen		No	■ The Name of Medical Equipment							
concentrator, etc.) * If you bring oversized medical equipment that cannot be stored under the seat in front, you					Manufacturer or Distributor / Product name / type or model number							
	may need to purchase another seat.			■ Size / Type of Battery								
8	B Does patient need any MEDICATION in flight?			Yes	→lf	yes,	specify					
			Ш	No								
9	If there is anything you boarding, please pro	ou need to make us a vide specific details.	aware	of prior to								
		requests that are de	emed	to be reas	onable may	also	be included.) *Pregna	ancies are exempt fro	om the filling	out of a peri	od of valid	dity
	As the patient's sym	ptoms and condition	are sta	able, I have	e determine	d tha	t this MEDIF is valid un	til /	1	1		
	Prognosis as above. I will provide necessary information required by the airline's medical department for the purpose of determining his/her fitness to travel by air with consent of the patient.											
PHYSICIAN												
Print Name												
· intradino									Date			
Signature												
Hospital Name												
Phone No.					Addres	s						

^{*} Our cabin crew members are trained only in FIRST AID and are NOT PERMITTED to administer any injection, or to give medication, or to operate Medical Oxygen cylinders. Additionally, they are not authorized to provide personal care services to particular passengers, to the detriment of their service to other passengers and cabin safety.